



Dental Hygiene Policy

Recent research shows that 38% of five-year-olds in England had experienced tooth decay.

As an Ofsted Registered Childcare setting we are very aware of the need to follow good oral hygiene practices and to help children develop good eating habits such as avoiding food and drinks with high sugar content.

We would like to support you in training your child to clean his or her teeth regularly by helping him or her clean his or her teeth after meals while in our care. We would therefore request that you provide us with a suitable toothbrush, toothpaste and a small plastic beaker. These will be stored in a small plastic container in the setting's washroom and staff will help your child clean his or her teeth regularly. We will advise you when the toothpaste is running low or the toothbrush needs replacing.

We also ensure that the children in our care are not given food containing high levels of sugar. We do not permit fizzy drinks and will wean children from drinking from bottles with teats as continued sucking of juice can damage teeth. We will work with you to encourage your child to drink from a beaker or trainer cup.

We will also have special dental hygiene days throughout the year when we will promote good dental hygiene and invite the local children's dentist to visit us to do some special activities.

Further information and support can be found on the website www.stop-the-rot.co.uk.

If you wish to discuss this policy or your child's dental hygiene requirements, please do not hesitate to contact us.