



## Nappy Changing and Toilet Training Policy

We accept babies and children in nappies. We will need you to provide us with the following:

- nappies
- any cream that you use on your child
- baby wipes if your child is sensitive to the standard ones that we provide.

We have changing mats, which will be wiped over with disinfectant between each use and we use a disposable nappy roll at all times. Used/soiled nappies are disposed of in nappy sacks and then in lidded bins. These are emptied several times each day and placed in the clinical waste bin that is collected regularly by an outside company.

All staff use plastic gloves and aprons when changing children's nappies to reduce the risk of spreading any infections. If your child is allergic to these please let us know.

We are happy to take a child in cloth nappies. Please discuss the type of nappy system that you use with us and we will work with you to develop a programme for your individual child.

Children's nappies are regularly checked and changed if required, and immediately if soiled.

We believe that changing a nappy should provide lots of opportunity to communicate with your child and as their understanding grows provide time to discuss basic hygiene issues, preparing them for potty training.

When your child starts to show signs that they are becoming aware of their bodily functions we will arrange a convenient time to meet with you and discuss your plans on potty/toilet training your child. It is unusual for a child to be ready to be potty trained much before their second birthday and for some children it can be a lot later. Please do not be concerned if your child shows no signs of being ready yet. It is very important that we work together to potty train your child and pick a suitable time to do it, when we can both dedicate time. If we start the training and your child is not ready then we can stop and start again when they are. Some children take to potty training overnight; for some it is a longer process. The most important thing is that we work together to give your child the support and reassurance they need during this period. We will provide you with daily feedback on how we are progressing with the training.

In order to help your child become independent in going to the toilet we provide the following equipment:

- potties
- toilet trainer seat
- steps for the toilet and the wash basin
- potty training colouring sheets
- wetting dolls
- books and videos on potty training
- trainer pants.

Please let us know if you wish to discuss your child's potty training.

If you have any concerns regarding your child's nappy changing or toileting please do not hesitate to contact us.

