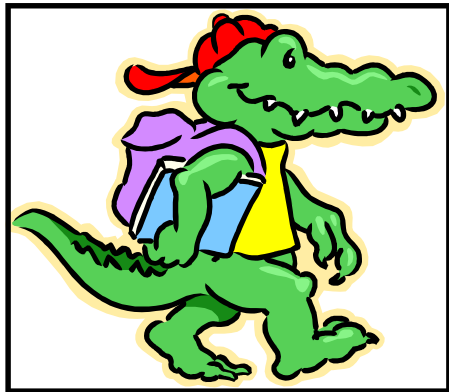


What can you do?

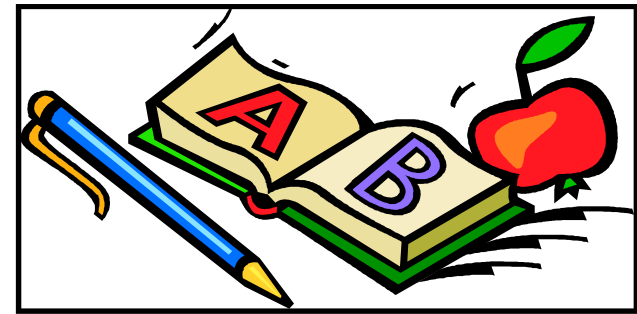
- Take 10 minutes a day to play together.
- Practice the skills in this leaflet.
- Talk about the new school with your child.
- Play 'school' with your child
- Read books about school

If you have any questions about being
READY FOR SCHOOL contact your
Health Visitor or local Sure Start Centre

We hope you and your child
enjoy school life!



Ready for School

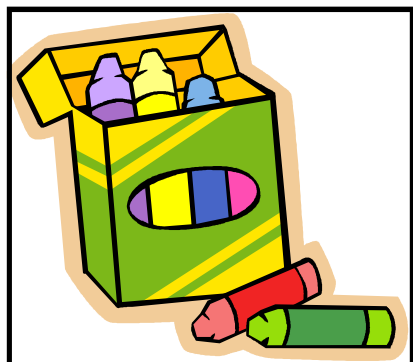


This information will help you and your child
get ready for school.

There are many things you can do with your
child before they start school that will help
them settle into school life.

Starting school is an exciting and sometimes
scary time for children and parents. It will offer
new experiences may also bring a few
challenges.

Your child has learnt a huge amount already and the best way to prepare them for school life is to support them in developing key skills that they will use everyday in school.



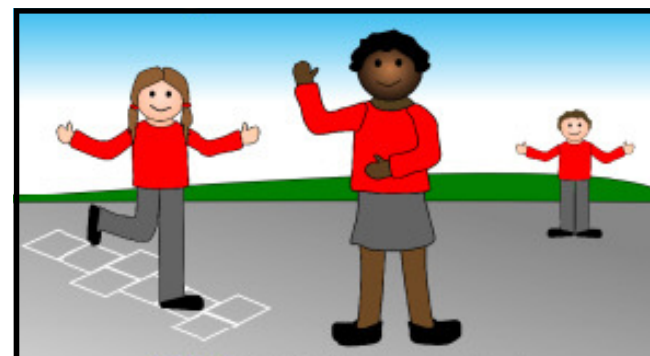
Self-care and Independence

These are things a child should be able to do with very little help from an adult.

- Be out of nappies and use the toilet independently.
- Wash their hands after using the toilet and before eating.
- Taking off and putting on their coat and shoes.
- Being able to sit at a table for eating and drinking. Independently using a knife, fork and spoon.

Social Skills

- Listening to others and following simple instructions.
- Knowing their name and of their family.
- Co-operation, sharing, taking turns, waiting for their turn, helping others, tidying away their toys.



Communication

- Speaking to adults and children.
- Ask questions and ask for help.

Following Routines

- Having clear routines to follow at home will help them follow ones in school. E.g. Eating together, bath time, bed time